



Item #	UOM	Servings	Description	Serving Size (g)	Serving Size (oz)	Whole Grain Flour Per Serving (g)	Enriched Flour per Serving (g)	Total Creble Grains (g)*	Grain Equivalent**	Kosher / Pareve	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Protein (g)	Sugar (g)	Calcium(%DV)	Thiamin (%DV)	Niacin (%DV)	Iron (%DV)	Riboflavin (%DV)	Folic Acid (%DV)		
BREADS																											
1290	Loaf	20+2	24oz. Whole Grain Rich Bread	31.0	1.11	9.0	8.0	17.0	1.00	Y	70	10	1.0	0	85	14.0	1.0	3.0	1.0	4.0%	8.0%	6.0%	4.0%	4.0%	4.0%	4.0%	
1292	Loaf	22+2	24 oz. Whole Grain Rich Sandwich Bread	28.0	1.00	8.0	8.0	16.0	1.00	Y	70	10	1.0	0	80	12.0	1.0	3.0	1.0	4.0%	8.0%	4.0%	4.0%	4.0%	4.0%	4.0%	
1294	Loaf	18+2	24 oz. Whole Grain Rich Texas Toast	34.0	1.21	10.0	9.0	19.0	1.00	Y	80	10	1.0	0	95	15.0	1.0	3.0	1.0	4.0%	8.0%	6.0%	4.0%	4.0%	4.0%	6.0%	
1448	Loaf	20+2	24oz. 100% Whole Wheat Bread	31.0	1.11	15.0	0.0	15.0	1.00	Y	70	10	1.0	0	130	14.0	3.0	3.0	2.0	2.0%	6.0%	4.0%	4.0%	2.0%	2.0%	2.0%	
BUNS																											
3007	Pkg	12	3.25" Whole Grain Rich Bun	40.0	1.43	13.0	9.0	22.0	1.25	Y	100	10	1.5	0	160	18.0	2.0	4.0	2.0	4.0%	10.0%	8.0%	6.0%	4.0%	6.0%	6.0%	
3212	Pkg	6	Whole Grain Rich Footlong Bun	79.0	2.82	23.0	20.0	43.0	2.75	Y	200	25	3.0	0	330	36.0	3.0	7.0	5.0	8.0%	20.0%	15.0%	10.0%	10.0%	10.0%	10.0%	
3227	Pkg	12	3.5" Whole Grain Rich Hamburger Bun	45.0	1.61	14.0	10.0	24.0	1.50	Y	110	15	1.5	0	190	20.0	2.0	4.0	3.0	6.0%	10.0%	8.0%	6.0%	6.0%	6.0%	6.0%	
3228	Pkg	60	3.5" Whole Grain Rich Hamburger Bun	45.0	1.61	14.0	10.0	24.0	1.50	Y	110	15	1.5	0	190	20.0	2.0	4.0	3.0	6.0%	10.0%	8.0%	6.0%	6.0%	6.0%	6.0%	
3470	Pkg	12	4" 100% Whole Wheat Hamburger Bun	56.0	2.00	31.0	0.0	31.0	2.00	Y	140	20	2.0	0	260	27.0	3.0	6.0	4.0	6.0%	15.0%	8.0%	6.0%	4.0%	4.0%	4.0%	
3474	Pkg	12	4" Whole Grain Rich Hamburger Bun	56.0	2.00	17.0	13.0	30.0	2.00	Y	140	15	2.0	0	230	25.0	2.0	5.0	3.0	6.0%	15.0%	10.0%	8.0%	6.0%	8.0%	8.0%	
3475	Pkg	60	4" Whole Grain Rich Hamburger Bun	56.0	2.00	17.0	13.0	30.0	2.00	Y	140	15	2.0	0	230	25.0	2.0	5.0	3.0	6.0%	15.0%	10.0%	8.0%	6.0%	8.0%	8.0%	
3736	Pkg	12	Whole Grain Rich Hot Dog Bun	56.0	2.00	17.0	14.0	31.0	2.00	Y	140	20	2.0	0	230	25.0	2.0	5.0	4.0	6.0%	15.0%	10.0%	8.0%	6.0%	8.0%	8.0%	
3709	Pkg	12	6" Whole Grain Rich Hot Dog Bun	45.0	1.61	13.0	11.0	24.0	1.50	Y	110	15	1.5	0	190	20.0	2.0	4.0	3.0	4.0%	10.0%	8.0%	6.0%	6.0%	6.0%	6.0%	
3727	Pkg	12	6" 100% Whole Wheat Hot Dog Bun	45.0	1.61	24.0	0.0	24.0	1.50	Y	110	15	2.0	0	210	20.0	2.0	5.0	3.0	4.0%	10.0%	6.0%	6.0%	4.0%	2.0%	2.0%	
3698	Pkg	18	Whole Grain Rich Coney Bun	37.0	1.32	11.0	9.0	20.0	1.25	Y	90	10	1.5	0	150	17.0	2.0	3.0	2.0	4.0%	10.0%	6.0%	6.0%	4.0%	4.0%	4.0%	
7511	Pkg	8	100% Whole Wheat Sandwich Slim	43.0	1.54	20.0	0.0	20.0	1.50	N	90	10	1.0	0	135	19.0	5.0	4.0	2.0	8.0%	10.0%	8.0%	6.0%	4.0%	4.0%	2.0%	
HOAGIES																											
3744	Pkg	8	6" Whole Grain Rich Hoagie Bun	66.0	2.36	19.0	16.0	35.0	2.25	Y	170	20	2.5	0	280	30.0	3.0	6.0	4.0	6.0%	20.0%	10.0%	10.0%	8.0%	8.0%	8.0%	
3737	Pkg	8	5" Whole Grain Rich Hoagie Bun	62.0	2.21	17.0	16.0	33.0	2.00	Y	160	20	2.0	0	260	28.0	2.0	6.0	4.0	6.0%	15.0%	10.0%	10.0%	6.0%	8.0%	8.0%	
3746	Pkg	8	6" 100% Whole Wheat Hoagie Bun	66.0	2.36	34.0	0.0	34.0	2.25	Y	160	25	2.5	0	300	29.0	4.0	7.0	4.0	6.0%	15.0%	10.0%	8.0%	4.0%	4.0%	4.0%	
ROLLS																											
3221	Pkg	16	Whole Grain Rich Large Breadstick	39.0	1.39	14.0	9.0	23.0	1.25	Y	90	5	0.5	0	180	17.0	2.0	3.0	1.0	4.0%	10.0%	6.0%	6.0%	6.0%	6.0%	6.0%	
3920	Pkg	24	Whole Grain Rich Clustered Pan Rolls	32.0	1.14	10.0	7.0	17.0	1.00	Y	80	10	1.0	0	135	15.0	1.0	3.0	2.0	4.0%	8.0%	6.0%	4.0%	4.0%	4.0%	4.0%	
3939	Pkg	24	Whole Grain Rich Slammer Sliced	34.0	1.21	11.0	8.0	19.0	1.00	Y	90	10	1.0	0	150	16.0	1.0	3.0	2.0	4.0%	8.0%	6.0%	6.0%	4.0%	4.0%	4.0%	
3699	Pkg	16	Whole Grain Rich Small Breadstick	31.0	1.11	11.0	7.0	18.0	1.00	Y	70	5	0.5	0	140	14.0	2.0	3.0	0.0	2.0%	8.0%	6.0%	4.0%	4.0%	4.0%	4.0%	
9528	Pkg	12	100% Whole Wheat English Muffins	57.0	2.04	26.0	8.0	34.0	2.00	Y	130	10	1.5	0	250	23.0	3.0	7.0	1.0	4.0%	20.0%	8.0%	8.0%	6.0%	6.0%	4.0%	
9537	Pkg	6	100 % Whole Wheat Pita Bread	57.0	2.04	29	0	29.0	2.00	N	100	0	0.0	0	170	20.0	5.0	6.0	1.0	10.0%	30.0%	18.0%	10.0%	16.0%	25.0%		

*Total Creble Grains = Whole Grain Flour per Serving + Enriched Flour per Serving

**Grain Equivalent = Portion/Serving Size of Product as Purchased in grams/28 (Rounded down to the nearest quarter ounce) [Source Citation: USDA Whole Grain Resource for the National School Lunch and Breakfast Programs: A Guide to Meeting the Whole Grain Rich Criteria]